

# APRIL

# Wetumpka Senior Center

Mary Ann Barrett – Center Director

# 2019



Funded by Central Alabama Aging Consortium

Mon	Tue	Wed	Thu	Fri
<p>1 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 1pm-2pm Walking Exercise DVDS 10:00 Quilting - Linda</p>	<p>2 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 1:00pm-2:00pm PIYO Fitness –Bring your Own Mat</p>	<p>3 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 10:30 Devotional 12:00-3:00 Bridge 1pm-2pm Walking Exercise DVDS</p>	<p>4 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 1:00pm-2:00pm PIYO Fitness –Bring your Own Mat</p>	<p>5 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 1pm-2pm Walking Exercise DVDS</p>
<p>8 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 1pm-2pm Walking Exercise DVDS 10:00am Quilting -Linda</p>	<p>9 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 9:00am Walmart Trip 1:00pm-2:00pm PIYO Fitness –Bring your Own Mat</p>	<p>10 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 10:30 Devotional 12:00-3:00 Bridge 1pm-2pm Walking Exercise DVDS</p>	<p>11 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 1:00pm-2:00pm PIYO Fitness –Bring your Own Mat</p>	<p>12 <b>Center Closed</b> <b>Trip to</b> <b>Sylacauga</b> <b>Leaving at 9am</b> <b>Marble Festival</b> <b>and</b> <b>Blue Bell Ice</b> <b>Cream Factory</b></p>
<p>15 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 1pm-2pm Walking Exercise DVDS 10:00am Quilting -Linda</p>	<p>16 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 1:00pm-2:00pm PIYO Fitness –Bring your Own Mat 10:00am Arts and Crafts</p>	<p>17 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 10:30 Devotional 12:00-3:00 Bridge 1pm-2pm Walking Exercise DVDS</p>	<p>18 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 10:00 Easter Bingo 1:00pm-2:00pm PIYO Fitness –Bring your Own Mat</p>	<p>19 <b>Center Closed</b> <b>TRIP to</b> <b>Prattville</b> <b>Leaving at 9am</b> <b>Shopping and</b> <b>Lunch</b> <b>NO EXERCISE</b></p>
<p>22 <b>Center Closed</b> <b>Confederate</b> <b>Memorial Day</b></p>	<p>23 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 1:00pm-2:00pm PIYO Fitness –Bring your Own Mat Movie Day</p>	<p>24 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 10:30 Devotional 12:00-3:00 Bridge 1pm-2pm Walking Exercise DVDS</p>	<p>25 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 10:00am IVY CREEK BINGO 1:00pm-2:00pm PIYO Fitness –Bring your Own</p>	<p>26 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 1pm-2pm Walking Exercise DVDS</p>
<p>29 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 1pm-2pm Walking Exercise DVDS 10:00am Quilting—Linda</p>	<p>30 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 1:00pm-2:00pm PIYO Fitness –Bring your Own Mat 10:00am Arts and Crafts Dinner -Elmer's Trip</p>	<p>1 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 10:30 Devotional 12:00-3:00 Bridge 1pm-2pm Walking Exercise DVDS</p>	<p>2 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles 1:00pm-2:00pm PIYO Fitness –Bring your Own Mat</p>	<p>3 9:00am-10:00am Class 1 Growing Young Fitness 10:00-11:00am Class 2 Growing Young Fitness 9:00 Rummikub, Cards, Dominoes, Puzzles, 1pm-2pm Walking Exercise DVDS</p>



10286 US HWY 231,  
Wetumpka, Alabama  
36092

APRIL 2019

# Wetumpka Senior Center

The mission of the Wetumpka Senior Center is to provide programs and activities for adults 55 and over that promote the well being of older adults and enrich and increases socialization with others. Also, promote life long learning in a fun environment. Take advantage of the opportunities the Prime Time Senior Center offer and take steps to “being the best you can be.” The Center Director is Mary Ann Barrett, Assistant to the Director, Angie Fraiser, Part Time Assistant to the Director, Lillie Grayson, and Bus Driver, E. Wayne Macon. For Information about the Center call 334-567-1335.

*Participants MUST BE self-contained.*

